**Polygonaceae**
The Buckwheat Family

43 genera  
1,100 species  

- *Fagopyrum esculentum* (Common Buckwheat) is widely cultivated for its seeds and as a cover crop.  
- *Rheum* (rhubarb) petioles and *Rumex* (sorrel) leaves used as vegetables.  
- Many weedy species.

### Distribution:
Most genera are found in Northern temperate regions. A few are tropical or subtropical.

### Economic Uses:
- Various species used as cultivated ornamentals.

### References for further inquiry: